

Curiosity Assessment

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Ratings are made on a 7-point Likert scale (ranging from 1 = does not describe me at all to 7 = completely describes me)

Joyous exploration:

I view challenging situations as an opportunity to grow and learn.
I am always looking for experiences that challenge how I think about myself and the world.
I seek out situations where it is likely that I will have to think in depth about something.
I enjoy learning about subjects that are unfamiliar to me.
I find it fascinating to learn new information.

Deprivation sensitivity:

Thinking about solutions to difficult conceptual problems can keep me awake at night.
I can spend hours on a single problem because I just can't rest without knowing the answer.
I feel frustrated if I can't figure out the solution to a problem, so I work even harder to solve it.
I work relentlessly at problems that I feel must be solved.
It frustrates me not having all the information I need.

Stress tolerance: (entire subscale reverse-scored)

The smallest doubt can stop me from seeking out new experiences.
I cannot handle the stress that comes from entering uncertain situations.
I find it hard to explore new places when I lack confidence in my abilities.
I cannot function well if I am unsure whether a new experience is safe.
It is difficult to concentrate when there is a possibility that I will be taken by surprise.

Social curiosity:

I like to learn about the habits of others.
I like finding out why people behave the way they do.
When other people are having a conversation, I like to find out what it's about.
When around other people, I like listening to their conversations.
When people quarrel, I like to know what's going on.

Thrill seeking:

The anxiety of doing something new makes me feel excited and alive.
Risk-taking is exciting to me.
When I have free time, I want to do things that are a little scary.
Creating an adventure as I go is much more appealing than a planned adventure.
I prefer friends who are excitingly unpredictable.