Flourishing

The "Flourish" measure is obtained by summing the scores from each of the first five domains. The "Secure Flourish" measure is obtained by summing the scores from all six domains including the financial and material stability domain. Each of the questions is assessed on a scale of 0–10.

Domain 1: Happiness and Life Satisfaction.
Overall, how satisfied are you with life as a whole these days?
>   0 = Not Satisfied at All, 10 = Completely Satisfied
In general, how happy or unhappy do you usually feel?
>   0 = Extremely Unhappy, 10 = Extremely Happy

Domain 2: Mental and Physical Health.
In general, how would you rate your physical health?
>   0 = Poor, 10 = Excellent
How would you rate your overall mental health?
>   0 = Poor, 10 = Excellent

Domain 3: Meaning and Purpose.
Overall, to what extent do you feel the things you do in your life are worthwhile?
>   0 = Not at All Worthwhile, 10 = Completely Worthwhile
I understand my purpose in life.
>   0 = Strongly Disagree, 10 = Strongly Agree

Domain 4: Character and Virtue.
I always act to promote good in all circumstances, even in difficult and challenging situations.
>   0 = Not True of Me, 10 = Completely True of Me
I am always able to give up some happiness now for greater happiness later.
>   0 = Not True of Me, 10 = Completely True of Me

Domain 5: Close Social Relationships.
I am content with my friendships and relationships.
>   0 = Strongly Disagree, 10 = Strongly Agree
My relationships are as satisfying as I would want them to be.
>   0 = Strongly Disagree, 10 = Strongly Agree

Domain 6: Financial and Material Stability.
How often do you worry about being able to meet normal monthly living expenses?
>   0 = Worry All of the Time, 10 = Do Not Ever Worry
How often do you worry about safety, food, or housing?
>   0 = Worry All of the Time, 10 = Do Not Ever Worry