Intellectual Humility Scale


The items are rated on a 5-point Likert scale with 1 = strongly disagree, 2 = disagree, 3 = neither agree nor disagree, 4 = agree, and 5 = strongly agree.

Instructions: Carefully read each statement and indicate the degree to which you agree each statement is true for you.

1. My ideas are usually better than other people’s ideas.*
2. For the most part, others have more to learn from me than I have to learn from them.*
3. When I am really confident in a belief, there is very little chance that belief is wrong.*
4. I’d rather rely on my own knowledge about most topics than turn to others for expertise.*
5. On important topics, I am not likely to be swayed by the viewpoints of others.*
6. I have at times changed opinions that were important to me, when someone showed me I was wrong.
7. I am willing to change my position on an important issue in the face of good reasons.
8. I am open to revising my important beliefs in the face of new information.
9. I am willing to change my opinions on the basis of compelling reason.
10. I’m willing to change my mind once it’s made up about an important topic.
11. I respect that there are ways of making important decisions that are different from the way I make decisions.
12. Listening to perspectives of others seldom changes my important opinions.*
13. I welcome different ways of thinking about important topics.
14. I can have great respect for someone, even when we don’t see eye-to-eye on important topics.
15. Even when I disagree with others, I can recognize that they have sound points.
16. When someone disagrees with ideas that are important to me, it feels as though I’m being attacked.*
17. When someone contradicts my most important beliefs, it feels like a personal attack.*
18. I tend to feel threatened when others disagree with me on topics that are close to my heart.*
19. I can respect others, even if I disagree with them in important ways.
20. I am willing to hear others out, even if I disagree with them.
21. When someone disagrees with ideas that are important to me, it makes me feel insignificant.*
22. I feel small when others disagree with me on topics that are close to my heart.*

Scoring
Reverse code items indicated with an asterisk. Then tally scores for the full scale (all 22 items) or subscales (see below).

Subscales
The scale development article supports a four-factor model with higher-order factor. The internal consistency is sufficient to use individual subscales or the full scale.
Independence of Intellect and Ego: 16, 17, 18, 21, and 22
Openness to Revising One’s Viewpoint: 6, 7, 8, 9, 10
Respect for Others’ Viewpoints: 11, 13, 14, 15, 19, 20
Lack of Intellectual Overconfidence: 1, 2, 3, 4, 5, 12