

## Work as Meaning Inventory

Steger, M.F., Dik, B.J., & Duffy, R.D. (2012). Measuring meaningful work: The Work as Meaning Inventory (WAMI). *Journal of Career Assessment*, 20, 322-337. doi: 10.1177/1069072711436160

Please circle one answer to each of the following statements based on this scale:

- 1 = Strongly Disagree
- 2 = Moderately Disagree
- 3 = Slightly Disagree
- 4 = Neutral
- 5 = Slightly Agree
- 6 = Moderately Agree
- 7 = Strongly Agree

1. I have found a meaningful career.
2. I understand how my work contributes to my life's meaning.
3. I have a good sense of what makes my job meaningful.
4. I have discovered work that has a satisfying purpose.
5. I view my work as contributing to my personal growth
6. My work helps me better understand myself.
7. My work helps me make sense of the world around me.
8. My work really makes no difference to the world. (R)
9. I know my work makes a positive difference in the world.
10. The work I do serves a greater purpose.

Total scale score: all items

Positive meaning: 1, 2, 3, 4

Meaning making through work: 5, 6, 7

Greater good motivations: 8, 9, 10