



Seniors *Helping* Seniors®

Caregiver Resources

Resource	Website
AARP	https://www.aarp.org/caregiving/
Alzheimer's Association	https://www.alz.org/
Caregiver Action Network	https://www.caregiveraction.org/
Family Caregiver Alliance	https://www.caregiver.org/
MedlinePlus	https://medlineplus.gov/
National Alliance for Caregiving	https://www.caregiving.org/
National Institute on Aging	https://www.nia.nih.gov/

Calculating Cost of Care

Genworth	https://www.genworth.com/aging-and-you/finances/cost-of-care.html/
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Locating Geriatric Care Managers

Aging Life Care Association	https://www.aginglifecare.org/
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